



# Mental Health and Marijuana

Your mental health is worth protecting. Using weed puts you at higher risk for higher risk for anxiety and depression. Clear the air for your mental health and stay clear of marijuana.

Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery through a grant from the Substance Abuse and Mental Health Service Administration.

# Mental Health and Marijuana

High levels of THC, the chemical responsible for most of marijuana's psychological effects, can result in psychotic reactions, panic attacks and even addiction. Keep your cool and own the choice to stay clear of marijuana.

**WEED'S  
NOT FOR ME!**



CLEAR  
THE  
AIR

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IT'S HARD TO  
THINK CLEARLY  
WHEN YOU USE  
MARIJUANA.

Human brains do not fully develop until our mid-20s. Regular weed use before then can lead to harmful physical changes that can permanently impact your memory, learning, and attention.

Do your mind and body a favor  
and keep weed out of it.