



**NOT
A
GAME**

FIND THE FACTS

Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery through a grant from the Substance Abuse and Mental Health Service Administration.

The risks of underage drinking are real!

Research tells us that most Illinois eighth graders don't drink alcohol.

Here are some other facts about drinking alcohol at this age:

- Those who drink while underage are more likely to be violent or victims of violence.
- Drinking before the age of 15 puts you at a higher risk of developing alcohol use disorder later.
- Drinking alcohol is linked to other drug use.

A graphic of a stop sign with a white border and a dark green background. Inside the stop sign, the words "NOT A GAME" are written in white, bold, sans-serif capital letters. The text is arranged in three lines: "NOT" on the top line, "A" on the middle line, and "GAME" on the bottom line.

NOT
A
GAME

DON'T PLAY AROUND

Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery through a grant from the Substance Abuse and Mental Health Service Administration.

Underage drinking means legal risks.

**Getting in trouble with the law
because of alcohol can put your
plans on hold and set you back.**

You've got too much going for you!

Use the space below to write down some of
the goals you want to reach this year:



YOUR MEMORIES MATTER

Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery through a grant from the Substance Abuse and Mental Health Service Administration.

**Alcohol can make it
harder to remember
those important moments.**

**You've got a lot you don't want to
forget- like fun times with friends
and lessons learned in class.**

That's not cool!

What are some of the best memories
you've made this past year?



**NOT
A
GAME**

FIND YOUR FOCUS

Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery through a grant from the Substance Abuse and Mental Health Service Administration.

Each day deserves your full focus.

Whether you're studying for a test,
playing a game, or learning a new skill,
you need to keep your mind sharp.

Alcohol can get in the way by
stealing your attention.

That's something you can't
afford to lose!

Fixed

Ongoing

Concentration

U ⁼ pcoming

Success