



## **DID YOU KNOW!?**

- **YOUR BRAIN DEVELOPS UNTIL YOU'RE 25.**
- **YOUR BRAIN GENERATES ENOUGH ENERGY TO TURN A LIGHT BULB ON.**
- **THE BRAIN CAN'T FEEL PAIN. IT INTERPRETS PAIN SIGNALS SENT TO IT, BUT IT DOES NOT FEEL PAIN.**
- **SCIENTISTS AREN'T EXACTLY SURE WHAT CAUSES BRAIN FREEZE SPECIFICALLY.**

## **MY LIFE BY DESIGN**

Sources:  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4718113/>  
<https://www.healthline.com/health/fun-facts-about-the-brain>  
<https://www.mayoclinic.org/symptoms/headache/basics/causes/sym-20050800>

# 100% ME ALCOHOL FREE

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