



MY LIFE IS DESIGN

There's a lot of things I
can't control in life, but I
do control what I put in my
body. I don't drink alcohol
because I know it puts my
mind and relationships at
risk. It's my choice.

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Prevention and Recovery through a grant from the Substance Abuse and Mental Health Services Administration



DESIGN
BY
LIFE
MW

EVERY DAY I'M WORKING
TOWARDS BEING A
BETTER ME - COOL,
CARING AND CONFIDENT.
ALCOHOL CAN IMPAIR MY
JUDGMENT AND GET ME
IN TROUBLE WITH THE
LAW. I KNOW MY BEST
SELF DOESN'T INCLUDE
UNDERAGE DRINKING.

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MY LIFE IS BY DESIGN

IT'S BY DESIGN THAT I'M
SOMEONE OTHERS CAN
COUNT ON. ALCOHOL CAN
MAKE ME WITHDRAW FROM
PEOPLE I CARE ABOUT AND
MAKE DECISIONS I MIGHT
REGRET. THAT'S WHY I'M
CHOOSING NOT TO DRINK
UNDERAGE. IT'S THE BEST
CHOICE FOR ME.

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DESIGN BY LIFE KW

IT'S BY DESIGN THAT I
DON'T MAKE ROOM
FOR ALCOHOL IN MY
LIFE. I'VE GOT TOO
MANY GOOD THINGS
GOING FOR ME.
UNDERAGE DRINKING
CAN SLOW MY MIND
DOWN AND MAKE ME
DO THINGS I
WOULDN'T NORMALLY
DO. THOSE ARE RISKS
I'M NOT WILLING TO
TAKE!

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