

Get the **facts** without all the opinions

From parenting books to blogs, everyone seems to say something different. Studies are showing that pausing cannabis is the safest decision for your baby. Know the risks of using THC while pregnant or breastfeeding.

Get the facts
and find cannabis
alternatives to
help you pause use



Learn the facts at
[LetsTalkCannabisIL.com](https://www.LetsTalkCannabisIL.com)

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 **Can THC harm the health of my baby?**

- ▶ Growth?
- ▶ Brain development?
- ▶ Later in life?



LET'S TALK
CANNABIS



What are the risks of using cannabis while pregnant or breastfeeding?



Birth Weight

Your baby may be born with a lower birth weight



Breast Milk

THC can stay in breast milk for days and pass to your baby while breastfeeding



Birth Defects

Harmful compounds in cannabis can pass to your baby and increase chances of birth defects



NICU

Your newborn is more likely to need neonatal intensive care after birth



Cognitive Function

THC can affect your baby's attention, learning, and memory later in life