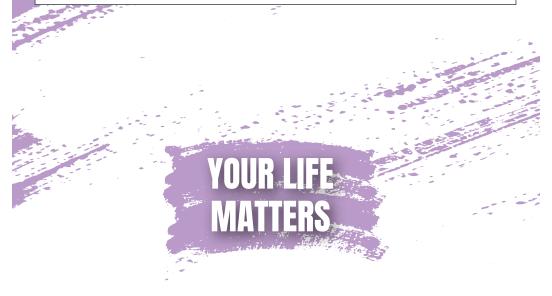
## UNDERAGE DRINKING CAN CAUSE HEALTH ISSUES LIKE DEPRESSION AND ANXIETY.

Underage drinking is linked to health issues like depression and anxiety. You want to stay healthy to do all your favorite sports, hobbies, and activities. Underage drinking will just slow you down. You don't have time for that.

Sketch yourself doing one of your favorite activities in the space below:



## MAKE IT AMESONES



## DON'T LET ALCOHOL CHANGE WHO YOU ARE.

You already have friends and family who like you and believe in you—JUST THE WAY YOU ARE.

Your friends and family know the REAL YOU. You don't need to change who you are by drinking alcohol.

List three things that are unique about YOU:

l. \_\_\_\_\_

2. \_\_\_\_\_\_

3. \_\_\_\_\_





## MOST MIDDLE SCHOOLERS BELIEVE DRINKING ALCOHOL ISN'T COOL.

