

**MY WINNING
STRATEGY IS BEING
ALCOHOL-FREE.**

Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery through a grant from the Substance Abuse and Mental Health Service Administration.

**I DON'T
PLAY THAT!**

**I'M STRAYING IN CONTROL AND
DECIDING NOT TO DRINK UNDERAGE.**

**THE TRUTH IS MY BRAIN IS STILL DEVELOPING
WELL INTO 20'S. UNDERAGE DRINKING CAN NEGATIVELY
AFFECT MY MIND. IT CAN MAKE IT MORE DIFFICULT TO
FORM MEMORIES, LEAD TO MENTAL HEALTH PROBLEMS,
AND IMPAIR MY BALANCE, COORDINATION, AND
DECISION MAKING.**

UNDERAGE DRINKING IS NOT A GAME!

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