

The image features a stylized landscape illustration. At the top, a sunburst of white lines radiates from behind a dark, silhouetted mountain range. In the center, a red map of the United States is superimposed over a dark purple background. At the bottom, dark silhouettes of grass blades are visible. The text "Clear the air" is written in a white, serif font across the middle of the image, partially overlapping the map and the sunburst.

Clear the air

YOUR DREAMS ARE IMPORTANT.

Reaching them takes determination, motivation, and focus.

The chemicals in weed can really do a number on your brain by changing your ability to stay focused on tasks. This damages your motivation to reach your goals!

Don't ignore your dreams by using marijuana. You are much too important!

A stylized illustration of a city skyline in teal and yellow against a red background. A large yellow sun is positioned in the center, containing the text 'CLEAR THE AIR' in red, bold, uppercase letters. The sun is partially obscured by a red, curved shape at its base, suggesting a rising or setting sun. The skyline consists of several rectangular buildings of varying heights, also in teal and yellow.

**CLEAR
THE AIR**

**Weed influences your physical
health and your mental health.**

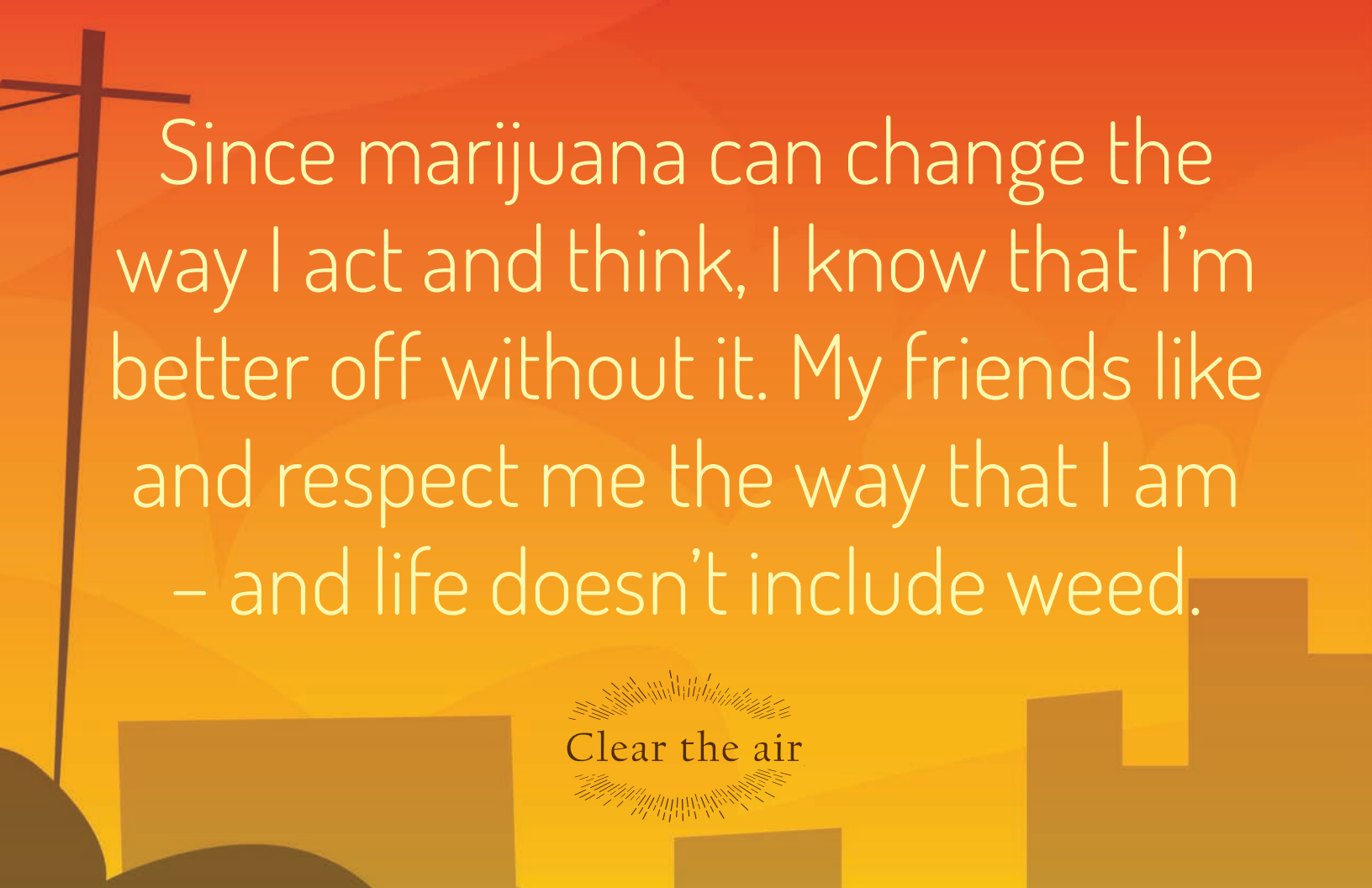
Using cannabis regularly in your teens and early 20s can physically change your developing brain.

Research shows that using marijuana harms your memory, learning, and attention, and the impact may be permanent. Also, those who use marijuana are significantly more likely than those who are not to develop long-lasting mental illness, including anxiety and depression. That is likely why only about 1 in 5 high school students in Illinois reported using weed in the past 30 days.*

Clear the air for health!

*Illinois Department of Health Services. 2016. "Illinois Youth Survey: 2016 Frequency Report for the State of Illinois. Weighted Sample to Represent the State of Illinois."

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Since marijuana can change the way I act and think, I know that I'm better off without it. My friends like and respect me the way that I am – and life doesn't include weed.



Clear the air

LET'S CLEAR THE AIR ON THIS

more Illinois high school students believe that there is little to no chance of being cool if you smoked marijuana. Not only that, but over eighty percent believe it is wrong for high school to smoke marijuana. It is clear that we are all clearing the air and not using marijuana.

CLEAR

THE

AIR



Human brains do not fully develop until our mid-20s. Regular weed use before then can lead to harmful physical changes that can permanently impact your memory, learning, and attention.

Research shows that if you start using marijuana before you're 18 or use regularly, you may be at higher risk for:

- ◇ *Skipping classes*
- ◇ *Getting lower grades*
- ◇ *Dropping out of school*
- ◇ *Unemployment or not getting the kind of job you want*

Do your mind and body a favor
by not using marijuana.